



Lupus Foundation of Northern California 2010 SUMMER/FALL EDUCATIONAL PROGRAMS

Patient Education Classes

English

REGISTRATION REQUIRED. Minimal fee includes snacks. No one turned away for inability to pay. To sign-up, please call (408) 954-8600 or email executive@lfnc.org

Learning to Live with Lupus

Basic class for newly-diagnosed patients and their families

Saturday, August 14, 2010, 11:30 a.m. to 1:00 p.m.

Santa Clara Kaiser Permanente Medical Office Building Conference Center
710 Lawrence Expressway, Santa Clara, CA 95051

*This **fundamental** education program is presented by a trained instructor and is designed for lupus patients who have been **recently or newly-diagnosed** to enable them to learn the basic facts about lupus in a comfortable setting. Family members are welcome to attend.*

Management of Lupus

Intermediate class for Lupus patients and their families

Saturday, August 14, 2010, 2:00 p.m. to 3:30 p.m.

Santa Clara Kaiser Permanente Medical Office Building Conference Center
710 Lawrence Expressway, Santa Clara, CA 95051

*This **advanced** education program is presented by a trained instructor and is designed for lupus patients who already have the basic knowledge about lupus and would like additional information and learn strategies and skills to better manage their symptoms. Family members are welcome to attend.*

Patient Education Class

Spanish

Clase Educativa Sobre Lupus

Marque su calendario porque la próxima clase educativa sobre lupus esta muy proxima. La clase se presentará el Sábado 14 de Agosto de 11:30-3:30 p.m. en el hospital Káiser de Santa Clara en sus nuevas localidades. Conozca más sobre esta enfermedad. **Se requiere registración.** Hay un costo minimo. Usted puede atender si no puede pagar.

Para registrarse, llame a la oficina al teléfono (408) 954-8600.

Ongoing Support Groups

(For complete listing of subchapters and support groups throughout Northern California, please visit www.lfnc.org and click on "LFNC Services.")

Young Adult Support Group

Support Group for lupus patients 21 and under

Next Meeting: SATURDAY, AUGUST 7, 2010, 4 p.m. at the LFNC Office located at 2635 N. First Street, Suite 206, San Jose, CA, 95134

Please contact JULIE NGUYEN for info at lfnc.ils.program@gmail.com or call LFNC at (408) 954-8600.

This is a support group for and by young adults affected with lupus – either as patients, family members or friends of patients diagnosed with the disease.

LFNC thanks the
SVB Financial Group
for supporting our Patient Education Classes