GETTING A RUNNING START ON

2016

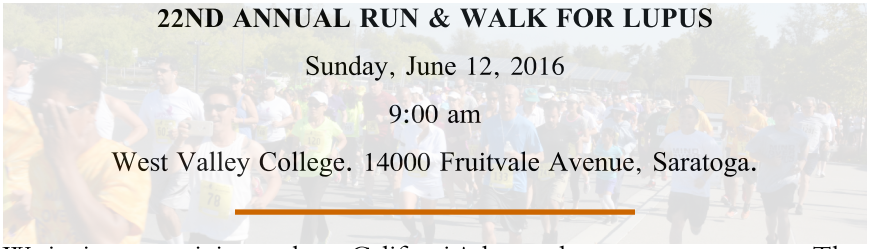
DRUMBEAT TO A

LUPUS CURE

LUPUS FOUNDATION OF NORTHERN CALIFORNIA

ANNUAL 5K RUN & WALK FOR LUPUS

BRIDGING THE GAP BETWEEN LIFE WITH LUPUS AND LIFE WITHOUT LUPUS



22ND ANNUAL RUN & WALK FOR LUPUS

Sunday, June 12, 2016

9:00 am

West Valley College. 14000 Fruitvale Avenue, Saratoga.

We invite you to join northern California's largest lupus awareness event. The Lupus Foundation of Northern California is pleased to announce an early start to our 22nd Annual 5K Run & Walk for Lupus: Drumbeat to a Lupus Cure. The event, expected to bustle with over 1,000 participants, friends, family members and members of the community, will be held on Sunday, June 12, at 9 am on the West Valley College Campus.

See below or visit LFNC.org for more information. Register yourself, your family members, and your friends. Even form a team! All proceeds from the 5K go to support programs that help lupus patients right here in northern California bridge the gap between life with and life without lupus. **Course is USATF certified.**

Thank you for your support, and we look forward to seeing you marching to the Drumbeat for a Lupus Cure at the 22nd Annual 5K Run & Walk for Lupus. If you have any questions, you may reach us at (408) 954-8600.

ONLINE REGISTRATION (RECOMMENDED)

- Visit the link at: **5K.LFNC.ORG** .
- Click the Register Now button, and you will be presented with a prompt to log in or create an account. You may:
  - Log in with an existing Eventbrite account,
  - Create a new Eventbrite account.
- Pick the number of individuals you are registering
- Complete the registration data and waiver for each participant.
- Select if you would like to create or join a team.
- Choose or create your team, if applicable.
- Complete your payment.
- You will be forwarded to Crowdrise fundraising, where you can optionally set up a page for yourself or your team to raise money.
- SHARE!

22ND ANNUAL RUN & WALK FOR LUPUS

Funds collected by: _____

Collected for team (if applicable):_____

Address: _____

City, State, Zip:_____

Phone: _____ Email: _____

SPONSOR LIST

Sponsor Name	Contact Info (email/phone/address)	Amount & Payment Type
		$_____ Cash | Check
		$_____ Cash | Check
		$_____ Cash | Check
		$_____ Cash | Check

Please mail or bring this completed form with collected donations to the LFNC office by Thursday, June 9, or bring it to the 5K on June 12. See additional entries on following page. Donations benefit LFNC's health education and support services and are fully tax deductible as the law allows. Make checks payable to: LFNC, 2635 N First St #211, San Jose, CA 95134. Make copies as necessary.

22ND ANNUAL RUN & WALK FOR LUPUS

9:00 am. Sunday, June 12, 2016.

West Valley College. 14000 Fruitvale Avenue, Saratoga.

REGISTRATION

Please fill out this form completely. Make checks payable and send to: LFNC, 2635 N First St #211, San Jose, CA 95134 or fax completed form to: (408) 954-8129. Registering online is recommended.

I am a Runner / Walker. (MUST circle one). Only runners are timed.

Entry: $30 if payment received by 6/1/16. $40 otherwise. **Get a $5 Early Bird discount ($25 total)** if you register by November 30, 2015.

Donation: $_____. Total: $_____.

T-shirt size (circle one): S | M | L | XL | XXL | XXXL

Date of birth:_____ Sex: _____ Age on race day: _____

Last Name: _____ First Name: _____

Address:_____

City, State, Zip: _____

Team name (if applicable): _____ Team captain? Y | N

DISCLAIMER

I understand that I am collecting funds for and walking/running for the Lupus Foundation of Northern California. I hereby affirm that I am in proper physical condition to participate in the 5K Run and Walk for Lupus and in consideration of this entry, agree to assume all risk of injury to myself and all risk of damage or loss of property arising out of my participation in this event. I further agree to release and forever discharge from any and all liability the Lupus Foundation of Northern California, Marc Lund and the Wilcox DGM, West Valley College, and all sponsors, subcontractors and volunteers, which may arise from my participation in the event. In consideration of my entry and my own free will, I for myself, my heirs, executors, administrators and assignees, agree to indemnify and hold harmless all of the aforementioned sponsors and promoters from any and all liability, claims, demands, actions, loss and/or damages arising out of my participation in the 5K Run and Walk for Lupus.

(Parent or guardian must sign if under 18)

SIGNATURE:_____ DATE: _____

22ND ANNUAL RUN & WALK FOR LUPUS

50/50 Raffle - Winner Gets Half

The 50/50 raffle is simple: if you win, you get half of whateve we have raised through the raffle. If we sell $5000 worth of tickets, you get $2,500. If we eaise $10,000, you get a cool 5 grand. Registration for the 5K is not required to participate.

Please indicate how you would like to buy your tickets:

- Buy ____ **Single Tickets for $10 each** = $_____
- Buy ____ **5-Pack Tickets for $25 each** = $_____
- Buy ____ **10-Pack Tickets for $50 each** = $_____

Your Raffle ticket total: $_____

Your Registration total: $_____

Your Donation: $_____

GRAND TOTAL ENCLOSED: $_____

Check #:_____ Charge (Visa | MasterCard | Discover | Amex)

Name (as appears on card): _____

Card#: _____

Exp. date: _____ Billing zip code: _____

Signature:_____

LFNC is registered with the California Department of Justice under Raffle Registration Number RF0003406.

22ND ANNUAL RUN & WALK FOR LUPUS

SPONSORSHIP OPPORTUNITIES

The Lupus Foundation of Northern California invites you to become a sponsor of the 22nd Annual Run & Walk for Lupus, themed "Drumbeat to a Lupus Cure". The following are the levels and benefits of sponsorship.

Bronze/Table Sponsor: $250

- Logo on LFNC website's 5K event page for one year.
- Banner display at event.
- Exhibit table at event.
- Acknowledgment in all press releases and promotional material subsequent to confirmation of sponsorship.

Silver Sponsor: $500

- Logo and link to web site in 2 issues of the LFNC e-newsletter, reaching over 4,000.
- Name and logo on sponsor board at event.
- All "Bronze" level privileges.

Gold Sponsor: $750

- Logo and link to web site in 4 issues of the LFNC e-newsletter, reaching over 4,000.
- Logo on event T-shirts.
- All other "Silver" level privileges.

Crystal: $1,000

- Logo and link to web site in 8 issues of the LFNC e-newsletter, reaching over 4,000.
- All other "Gold" level privileges.

Platinum: $2,500 (we encourage you to sponsor at this level)

- Most prominent display on Sponsor board at event.
- Logo and link to web site in 12 issues of the LFNC e-newsletter, reaching over 4,000.
- All other "Crystal" level privileges.

If you or your company is interested in a sponsorship opportunity, please contact Rene Astudillo at executive@lfnc.org or (408) 954-8600.

22ND ANNUAL RUN & WALK FOR LUPUS

SPONSOR/VENDOR FORM

SPONSORSHIP LEVEL: Platinum | Crystal | Gold | Silver | Table/Vendor

Amount enclosed: $_____

Company: _____

Contact Name: _____

Address:_____

City, State, Zip: _____

Email: _____ Phone: _____

Check #:_____ Charge (Visa | MasterCard | Discover | Amex)

Name (as appears on card): _____

Card#: _____

Exp. date: _____ Billing zip code: _____

Signature:_____

ANNOUNCING THE 2016 MASCOT CONTEST

What is the mascot contest? For the past 4 years, you have voted to choose the most adorable puppy with the privilege to be our mascot and lead the walkers at the 5K. Niner Von Raesfeld, pictured right, won the contest last year (Niner's second title!). Who will it be this year? It's totally up to you!

Have a man's best friend you want to enter this year? Just email communications@lfnc.org with a recent photo, owner info (name, address, phone), breed, sex, and age.

So how do you vote? Once we have contestants, voting will commence online at LFNC.org. Each vote is $1, and you and your friends can vote as many times as you like!

LUPUS FOUNDATION OF NORTHERN CALIFORNIA
2635 N First St, Ste 211
San Jose, CA 95134
LFNC.org

DRUMBEAT TO A
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Nonprofit Org.
U.S. Postage
PAID
San Jose, CA
Permit No. 5515