



## Fall 2016 Lupus Treatment and Research Mini-Conference

**Saturday, October 22, 11 am to 4 pm**

**Treehouse Space | 950 Grant Ave, 2nd Floor | San Francisco, CA 94108**

**Parking: Portsmouth Square Plaza | Muni Lines: 8, 10, 45**



### Keynote: Update in Lupus Research | Cristina Lanata, M.D.

Cristina Lanata is a rheumatologist at the University of California, San Francisco Lupus Clinic. Her research focuses on genetic and epigenetic studies of Systemic Lupus Erythematosus. Her current projects focus on studying the effect of the environmental exposures in the outcomes of lupus. She is also leading studies in the rapid field of epigenetics, which studies changes in the DNA structure that influence gene expression and how it is associated with environmental exposures. Dr. Lanata seeks to find the unifying link between ancestry, genetics, epigenetics and environmental exposures to explain the health disparities observed in the outcomes of SLE.

### Lupus and Food | Jessica Goldman Foug, Patient and Cookbook Author

Jessica Goldman Foug was diagnosed with lupus in 2004. Her initial flare caused renal failure, and she was put on dialysis. But over time, through great medicine, wonderful family and friends, and an enormous amount of support, Jessica was able to recover. She was even removed from the list of patients waiting for a kidney transplant. Her experience with lupus and dietary restrictions gave her a passion for food, and today she is a full-time food writer, and author of cookbooks.



**A patient panel discussion will also be featured at the conference.**

### CEU Credits for California Registered Nurses

By attending this conference, Registered Nurses will have the opportunity to earn 4.5 contact hours through LFNC, a provider approved by the California Board of Registered Nurses, Provider Number 05677.

### Register\* at [LFNC.org](http://LFNC.org) or see form on back:

\$30 for non-credit attendees,, \$50 for credit attendees (RNs). \*LFNC members entitled to \$10 discount.

LFNC THANKS THE LUPUS RESEARCH ALLIANCE FOR THEIR SUPPORT OF THIS CONFERENCE.



**Fall 2016 Lupus Treatment and Research Mini-Conference**  
**Saturday, October 22, 2016**

**Registration Form**

(online registration at LFNC.org recommended)

Please fill out the form below and return to the LFNC office by mail at 2635 N First St #211, San Jose, CA 95134 or fax to: 408-954-8129.

**Participant Data**

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

If RN Desiring CEU Credit, Enter License Number: \_\_\_\_\_

Are you a vegetarian? **Yes** | **No**

**Additional Attendees**

Will you be attending with others? (please circle one): Yes | No

If yes, please list the names of additional attendees (use additional sheet if necessary):

<u>Name</u>	<u>License No. (if RN desiring credit)</u>	<u>Vegetarian?</u>
		Yes   No
		Yes   No
		Yes   No

**Payment Data**

Check/enter number of registration for each type:

CEU Credit,  
Non-LFNC  
Memeber - \$50

Number: \_\_\_\_\_

CEU Credit, LFNC  
Memeber- \$40

Number: \_\_\_\_\_

Non-Credit,  
Non-LFNC  
Member - \$30

Number: \_\_\_\_\_

Non-Credit, LFNC  
Member - \$20

Additional tax-deductible donation: \$ \_\_\_\_\_

**Total: \$** \_\_\_\_\_

Check No: \_\_\_\_\_

Credit Card (Visa | MC | AmEx | Discover) information:

Card No: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Billing Zip  
Code: \_\_\_\_\_